



# Brain Buzz

## A MONTHLY NEWSLETTER UPDATE



### Helpful Resources

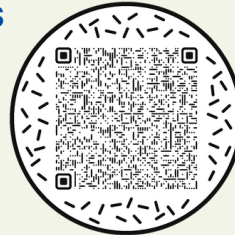
#### PATIENT EDUCATION TOOLS: INFOGRAPHICS

The Champlain Regional Stroke Network team has developed a series of infographics to help patients better understand some of the common concerns following a stroke. You can now find these infographics on the SWOSN website, under "Resources".



#### TELEPRACTICE ASSESMENT FOR STROKE SURVIVORS

Western University is recruiting stroke survivors as they work to examine a screening protocol that could be done via telepractice services for individuals who have had a stroke. Check out the flyer for additional information.



#### STROKES AND THE HOLIDAY SEASON

A clip from the 2022 holiday season reminds us that the prevalence of strokes may rise during the holidays! The clip offers practical guidance on stroke prevention strategies.

### Month of

## December

### Upcoming Events

#### December 4. 8:00-9:00AM

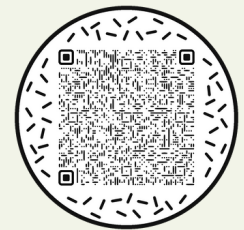
Provincial Stroke Rounds: The Role and Contributions of Nurses in Stroke Rehabilitation Units: An Integrative Review, CESN ([join here](#))

#### December 11. 12:30-13:00

Stroke Navigation: Guiding Patients Through Their Journey, NWORSN ([join here](#))

#### \*SWOSN Professional Networks: January Meeting Schedule\*

Check it out below!



### Team Updates

**Acute:** Ontario Health (CorHealth) launched the provincial **Stroke Unit Access and Quality Initiative** in FY 2021/22. This initiative aims to improve the outcomes of persons with stroke by ensuring equitable access to evidence-based stroke unit care. As part of this initiative, Ontario Health will be facilitating discussions to explore local challenges and successes that may be influencing access rates and regional access considerations.

**Rehab:** In an effort to make "Listen With Your Heart: Helping Kids Understand Stroke and Aphasia" more accessible during the holiday season, author Lisa Samson (one of our very own stroke SLPs in the SW!) is offering a special rate for those purchasing in bulk. In the month of December, each order in multiples of 10 saves you \$5-10 on each book! For more information on shipping and to order, check out this informative [poster](#) and email Lisa at: [resourcefulslp@gmail.com](mailto:resourcefulslp@gmail.com).

**Community and LTC:** We are looking for **LTC representatives** to join our CLTC Advisory Committee. Please contact Steph-meetings are twice/year. [Restorative Care Education Training](#) for staff from all disciplines in Long-Term Care (LTC) and Retirement Home settings. Any individuals working with people who require assistance with Activity of Daily Living or Mobility can also benefit. We have been connecting with Ontario Health at Home to provide stroke resources to all disciplines.

**Prevention:** We are excited to have 3 schools that have joined on the FAST Heroes Global Program. Please reach out to Steph, Libbie, or the National Program Lead if you are interested or know of any Grade 1-3 teachers interested in this incredible program [click here to learn more](#). Stay tuned for exciting initiatives in the Primary Care and Prevention Portfolio in 2025.

### Contact Information

For more information contact  
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**Stroke Network**  
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